



NATIONALLY RECOGNISED  
TRAINING

HLTAID011

# PROVIDE FIRST AID

**BROCHURE QLD 2021**

RELEASED AUGUST 2021  
REVIEW - 6 MONTHS

VERSION 2021QLD01  
DOCUMENT UNCONTROLLED WHEN PRINTED



# About this Course

This Nationally Recognised course offered by Just Careers Training (RTO ID 91413) trading as Licences 4 Work.

The Provide First Aid unit of competency provides you with the skills and knowledge required to provide first aid response, life support, management of casualty(s), the incident and other First Aiders until emergency qualified help arrives at the scene of the accident both in the workplace and in the community.

A Refresher Option is available for those wanting to refresh/ recertify prior to expiry of a currently held certificate.

This course includes the requirements of the Provide CPR or Cardio Pulmonary Resuscitation (CPR) certificate and the requirements of the HLTAID010 Provide Basic Emergency Life Support. This provides participants with the theoretical knowledge and practical skills required to respond to breathing and cardiac emergencies.

For certificates required to work an educational or care setting then please refer to our website information for the course HLTAID012 Provide First Aid in an education and care setting.

## OUTCOME

On successful completion of this course participants will be issued with a:

### HLTAID011 - Provide first aid

Statement of Attainment incorporating:

- 'Perform CPR' and
- 'Provide Basic Emergency Life Support'.

Current industry standard is for this course to be updated every 3 years with the CPR component being updated every 12 months.

## PREREQUISITES

There are no pre-requisites or co-requisites for this competency unit.

For the Advanced Option you must hold a current unexpired certificate for the same course.

## COURSES ON OFFER

**Standard Course** - This option is suitable for those who do not hold a current First Aid certificate or have attained their previous certificate more than 3 years ago (calculated at the time of attendance). This option is also suitable for those that have a current or First Aid certificate and who would like to renew/update their certificates as recommended every three years. Please refer to our website for any promotional prices (is on promotion from time to time).

**Advanced / Refresher** - This option is suitable for those who hold a current First Aid certificate or have attained their previous certificate more than 3 years ago (calculated at the time of attendance). Please refer to our website for any promotional prices (is on promotion from time to time).



# Knowledge and Performance Outcomes

Specifically, you will cover the following skills and knowledge:

- ARC (Australian Resuscitation Council) guidelines
- The basic principles and concepts relating to first aid
- The correct way to handle minor and major injuries and illnesses
- How to respond to life threatening situations
- Infection control principles and the use of AED's (Automated External Defibrillators)
- Management of abdominal injuries; allergic reactions; changed states of consciousness; bleeding; burns; cardiac arrest; chest pain; choking; airways obstruction; cold and crush injuries; eye and ear injuries; head, neck and spinal injuries; skin injuries including needle stick injury; soft tissue injuries including sprains and strains; dislocations and fractures
- Managing Envenomation; snake, spider, insect and marine bites
- Managing environmental impact injuries including hypo and hyperthermia, dehydration and heat stroke
- Responding to medical conditions such as cardiac conditions, epilepsy, diabetes, asthma and other respiratory conditions
- Responding to near drowning incidents
- Management of poisoning and toxic substance exposure
- Responding to Shock
- Responding to Stroke
- Managing situations involving substance abuse
- Social and legal issues
- Providing information to casualties
- Using available resources for the comfort of the casualty
- Ensuring that your actions are culturally appropriate including seeking consent
- Assessing and monitoring the situation to determine nature of condition or injury
- Seeking assistance where required
- Correctly operate first aid equipment including application of bandages and dressing as required
- Using safe handling techniques to avoid injury to casualty and first aider
- Providing first aid based on established principles for the following: abdominal injuries; airway obstruction; allergic reactions; bleeding; burns; chest pain; cardiac arrest; altered states of consciousness; injuries such as cold, crush, eye, ear, head, neck, spine, needle stick, soft tissue and minor skin injuries; near drowning; fractures; medical conditions; poisoning and toxic substance exposure; respiratory distress; cardiac arrest; shock; and seizures

## DELIVERY MODE

Face-to-Face Standard/ Refresher

### Part 1

- **For Standard** – this involves pre course training (self-study) and multiple-choice questions to be completed before attendance.
- **For Advanced / Refresher** - no pre-course study required – simply bring the original copy of your current unexpired (3 years from date of issue) certificate

### Part 2

For Standard and Advanced Options - theory and practical training (8:30am until around 4pm) followed by assessment

### Part 3

For Standard and Advanced Options - Attendance for a Completion / Practical session at one of our training centres (booking required, no further fees apply).

## WHERE ARE THE COURSES HELD?

The public Face-to-Face courses and all Completion/ Practical are held at one of our training facilities.

Please visit our website for further information about current locations.

If you choose to undertake your course by live stream webinar, you may participate from your home, workplace or anywhere else where there is a reliable internet connection.

You may also arrange for this 1-day component of the course to be held in your workplace, school, community centre, etc as long as the venue is suitable. Minimum numbers apply; contact us for further information

Licences 4 Work can also arrange for training in other locations with sufficient notice and numbers.



## Other important information

### WHAT DO I NEED TO BRING?

#### Face-to-Face Courses

All pens, paper, writing material will be provided by Licences 4 Work.

You will need to bring to your Face-to-Face class;

- Results of your pre-course multiple choice question result (Standard course only)
- Your current certificate (Refresher course only)
- Your stories and experiences!
- Your Identification – between your document and cards: Name, Address, DOB, Photo and Signature
- Comfortable clothing – mild physical activity will be required

### IMPORTANT INFORMATION

This course requires that you demonstrate the skills you learn in your training, including performing CPR on a mannequin on the floor. If you feel you may not be able to get onto the ground, or that your physical health will prevent you from demonstrating CPR (sustained pumping activity for between 2-4 minutes) then please contact our office before you book for further information.

### FEES AND CHARGES

Please refer to our website for fees, charges, terms and conditions.

### FURTHER INFORMATION

For further information about this course, please contact Licences 4 Work on (07) 2101 2499 or visit our website:

[www.licences4workbrisbane.com.au](http://www.licences4workbrisbane.com.au)